



Featuring a comfortable environment for all members

Daily, dedicated hours for Men and Women

\$250⁰⁰

Membership Fee for 12 months

OPENING HOURS (From Mon 5th Sept 2016)

| | LADIES ONLY | MEN ONLY |
|------------------|--------------------|-----------------|
| Monday | 6.00am – 1:30pm | 2.00pm – 9.00pm |
| Tuesday | 2.00pm – 9.00pm | 6.00am – 1:30pm |
| Wednesday | 6.00am – 1:30pm | 2.00pm – 9.00pm |
| Thursday | 2.00pm – 9.00pm | 6.00am – 1:30pm |
| Friday | 6.00am – 1:30pm | 2.00pm – 9.00pm |
| Saturday | 2.00pm – 9.00pm | 6.00am – 1:30pm |
| Sunday | 6.00am – 1:30pm | 2.00pm – 9.00pm |

GYM RULES

- Gym times must be adhered to.
- Personal items are taken into the Gym at own risk.
- Fob keys are for personal access only. (if a member gives their Fob to another to use, both parties will be suspended)
- SS&A Membership Cards must be carried at all times.
- Visitors can obtain casual access, by visiting the Club Reception, paying the appropriate fee & leaving their drivers licence as security.
- Failure to adhere to these rules or any directive given by an SS&A Staff Member will result in suspension.

For more information or to join please visit SS&A Club Reception or phone:

02 6041 2222

www.ssaclub.com.au